

Program Safety Sheet



PROGRAM NAME: INSTRUCTIONAL GYMNASTICS (updated 5/27/21)

If you have any additional questions, please contact the Program Supervisor:

Carole Fink Gymnastics Center: 651-792-7166 rosevillegymnastics@comcast.net

Participant Information:

Prior to attending classes, participants should assess their health condition and pre-screen for COVID-19 related symptoms. Students who are feeling sick should not attend class. Activities will be planned to allow for social distancing and pods will be kept in separate areas of the gym. Participants must follow all safety protocol as communicated by the instructor.

Arrival and Departure Information:

Upon entering the building, students should put their personal belongings in a locker and wait for their instructor to call them into the gym for class. Social distancing is encouraged in the lobby area at all times. Hand sanitizer will be available and should be used upon arrival and after class.

Spectator Information:

For the instructional classes, spectators are allowed in the viewing area upstairs. When observing classes, please do not enter the preschool area or allow siblings to play on the equipment.

Basic Cleaning Information:

High contact surfaces will be sanitized on a regular basis in the gym and lobby areas.

Facial Covering Information:

People who are not vaccinated, including children, are not required to wear face coverings indoors or outdoors by state executive order, but are at risk for getting and spreading the virus that causes COVID-19. The Minnesota Department of Health (MDH) and the Centers for Disease Control and Prevention (CDC) **strongly recommend** that anyone who is not fully vaccinated continue to wear face coverings indoors in businesses, public settings, and when around people from other households, as well as outdoors when social distancing cannot be maintained.

It is important to note that all Roseville Parks and Recreation programs have been planned, developed and conducted following the Center for Disease Control (CDC) and MDH guidelines for Social Distancing in Recreational Programs. Please be aware there is some risk of participating in any activity during the pandemic. Even though we are working to provide as safe as an environment as possible, 100% mitigation cannot be guaranteed for any activity.