

ROSEVILLE GYMNASTICS CENTER

Roseville Parks & Recreation Department
www.rosevillegymnastics.com

SUMMER SESSION 2021

June 14 - August 16

PRESCHOOL

ages 3-5

2111.587	Beginner I	Mon	6:30-7:00 pm	\$56
2111.588	Beginner I	Tues	4:30-5:00 pm	\$56
2111.589	Beginner I	Wed	4:30-5:00 pm	\$56
2111.590	Beginner II	Mon	7:15-7:45 pm	\$56
2111.591	Beginner II	Tues	5:15-5:45 pm	\$56
2111.592	Beginner II	Wed	6:30-7:00 pm	\$56
2111.593	Intermediate	Tues	6:00-6:30 pm	\$56
2111.594	Intermediate	Wed	7:15-7:45 pm	\$56
2111.595	Advanced	Tues	6:45-7:15 pm	\$56

INSTRUCTIONAL

ages 6-14

2121.587	Beginner I	Mon	1:30-2:15 pm	\$60
2121.588	Beginner I	Wed	4:30-5:15 pm	\$60
2121.589	Beginner I	Thur	4:00-4:45 pm	\$60
2121.590	Beginner II	Mon	2:30-3:30 pm	\$80
2121.591	Beginner II	Wed	5:30-6:30 pm	\$80
2121.592	Beginner II	Thur	1:30-2:30 pm	\$80
2121.593	Intermediate	Mon	3:45-4:45 pm	\$80
2121.594	Intermediate	Tues	4:30-5:30 pm	\$80
2121.595	Intermediate	Thur	2:45-3:45 pm	\$80
2121.596	Advanced I	Tues	5:45-6:45 pm	\$80
2121.597	Advanced I	Wed	6:45-7:45 pm	\$80
2121.598	Advanced II	Tues	5:45-7:15 pm	\$120

*** time change

With the loosening of restrictions, we are happy to be able to increase our class sizes. Face masks are required by all students, staff and parents while inside the Gymnastics Center.

REGISTRATION INFORMATION

NEW REGISTRATION PROCEDURE: FIRST DAY TO REGISTER IS MAY 25. CLASSES OFTEN FILL SO REGISTER EARLY.
NON-RESIDENT FEE: \$8.00 for those participants who do not live in Roseville

ONLINE REGISTRATION: www.cityofroseville.com/parks

Registrations can be mailed or will be taken at:

ROSEVILLE PARKS & RECREATION (651) 792-7006
2660 Civic Center Drive Roseville, MN 55113

Classes will be held at: (map on back)

ROSEVILLE GYMNASTICS CENTER (651) 792-7166
1238 W. County Road B-2 Roseville, MN 55113

Gymnasts must be registered before participation. We do not take registrations on the first day of the class.
Roseville Gymnastics reserves the right to cancel any class with less than 6 students enrolled.
All registrations are first come – first served.

Registration Form Make Checks payable to: ROSEVILLE PARKS & RECREATION

Name _____ Birthdate _____ Phone _____
Address _____ City _____ Zip Code _____
Parent's Name _____ E-mail _____

Class Program # _____ Fees: Class Fee _____ Form of payment Check Cash
Level _____ Non-Resident Fee _____ Visa Mastercard Exp Date _____ CV2 Code _____
Day _____ TOTAL: _____ Credit Card # _____
Time _____ Name on card _____

Tennessee Warning: The information requested on this registration will be used to verify eligibility and determine staff, facility and equipment needs. You/your child's name, age, grade level, address, telephone number and health information will be provided to city staff, volunteers, the city attorney, insurer and auditor. Although you are not legally required to disclose this information, failure to do so will prevent you/your child from participating in the program.

Roseville Gymnastics offers classes for girls and boys ages 3-14 years old. It is our goal to teach in a positive, fun and safe environment. Through gymnastics, we strive to develop self-esteem and physical fitness. Our program is suited for recreational, developmental and competitive gymnasts.

All classes will be held at:
ROSEVILLE GYMNASTICS CENTER
1238 W. County Road B-2 Roseville, MN 55113
Gym is attached to Roseville Area High School North side of the building

Questions can be answered at:
Roseville Parks & Recreation Office Roseville Gymnastics Center
Day hours : 651-792-7006 Evening hours: 651-792-7166
rosevillegymnastics@comcast.net

SUMMER SESSION 2021 June 14 – August 16

Classes will meet on the following days:

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>
Week 1	June 14	June 15	June 16	June 17
Week 2	June 21	June 22	June 23	June 24
Week 3	July 12	June 29	June 30	July 1
Week 4	July 19	July 6	July 7	July 8
Week 5	July 26	July 13	July 14	July 15
Week 6	Aug 2	July 20	July 21	July 22
Week 7	Aug 9	July 27	July 28	July 29
Week 8	Aug 16	Aug 3	Aug 4	Aug 5
No Class	June 28			
No Class	July 5			

PRESCHOOL **ages 3-5**

Beginner I Teaches basic movement and tumbling skills. Helps to improve body awareness, motor skills, coordination, balance and listening skills. Uses modified equipment with a fun and creative approach to learning.

Beginner II For beginner level preschoolers who have previously taken gymnastics class. Gymnast should have mastered the skills from Beginner I. Must be able to perform a forward roll and donkey kicks on the floor, and walk on a low balance beam unassisted.

Intermediate For preschool gymnasts who have mastered the Beginner II skills. Must be able to perform a bridge on the floor, and walk on the high balance beam. Will begin to transfer skills to the regulation equipment.

Advanced Advanced level class for gymnasts ages 4-6 who have mastered the skills from the Intermediate class. Must have good listening skills and be able to perform a forward roll and cartwheel unassisted. Will continue to transition skills to the regulation equipment.

Dyno's Accelerated classes for gymnasts ages 4-8, designed to speed the transition into competitive gymnastics. Gymnasts are chosen from our preschool and instructional classes based on strength, flexibility, and a desire to make a commitment to gymnastics. Gymnasts may register with permission only.

INSTRUCTIONAL **ages 6-14**

Beginner I Emphasis is on tumbling skills with exposure to the balance beam, uneven bars, vault and dance. This class is suited for students who have never taken a gymnastics class before.

Beginner II For beginner level gymnasts who have previously taken a gymnastics class. Gymnast should have mastered skills from Beginner I. Must be able to perform a cartwheel on floor and walk on a high balance beam unassisted. Basic skills are taught on all events.

Intermediate Should have mastered skills from Beginner II. Must be able to perform a handstand forward roll and round-off on the floor and a pullover on the bars. Gymnasts will learn to perfect their basic skills as well as learn more advanced skill on all events.

Advanced I For gymnasts who have mastered skills from the intermediate level. Must be able to perform a backbend-kickover and front limber on the floor, and a back hip circle on the bars. There is an emphasis on strength, flexibility and form.

Advanced II For gymnasts who have mastered skills from the Advanced I level. Must be able to perform a front and back handspring on the floor and a cartwheel on the high balance beam. Prepares the gymnast for high school competition.