

Adult Sand Volleyball Rules

Updated summer 2014



I. Courts

- a. Courts are located in Central Park Lexington on the corner of Lexington and Co Rd. C West. Parking is available off of Lexington Avenue (south of the ballfields). The courts are located east of the ballfields.
- b. Courts are 60' x 30' and have a sand base.
- c. Nets are set to an 8 foot height.

II. Balls

- a. Game balls will be provided but teams should bring their own warm up ball. Sand volleyballs will be used for all matches.

III. Teams

- a. All leagues play 6 on 6. Teams may play with less players but are required to have at least 4 players on the court at all times. Failure to have 4 players will result in a forfeit.
- b. A standard Co Rec team shall be made up of 3 men and 3 women
- c. A team who has 3 men and 2 women may use one of the below options (Co Rec Only)
 - i. **OPTION 1 – USING 4 PLAYERS:** A team may play with 2 men and 2 women on the court at all times. If a team does only have 4 players, the server is the back row person - if this player comes up to the net, they can only block, not attack.
 - ii. **OPTION 2 – THE PHANTOM PLAYER RULE:** A team may use 3 male and 2 female players, however the phantom player rule will apply. **The "phantom" female will be deemed to be on the court at the beginning of each point. For purposes of determining potential overlapping and front row/back row alignment, the team must act as if the missing woman was present. Once the ball is contacted the team may bring up a male from the back row to block (if there is only one male in the front row) or any player to set. When the "phantom" player reaches the service position, it is an automatic side out with the service and point going to the opposition**
 - iii. If a 3rd female arrives after the match has begun, she may be placed in the "phantom spot" without penalty, or a team who is playing 4 players may add her without penalty.
- d. Teams may play with more women than men without penalty: ex. 3 women and 2 men or 4 women and 2 men is an acceptable team
- e. If both teams have only 2 females, the phantom player rule may be waived by mutual agreement. **(NEW FOR 2014)**

IV. Match Time

- a. Matches are scheduled for 55 minutes of play and 5 minutes of warm- up. Matches consist of two games to 25 points with a 27 point cap, and a third game to 25 if time permits (see explanation under "scoring"). Any time remaining may be used by teams to practice or scrimmage. The next match will then begin as soon as the captain's meeting has been completed.
- b. **Lack of Players:** If a team is unable to field a legal team by game time, a 5 minute grace period shall be given. THIS 5 MINUTE GRACE PERIOD IS THE WARM UP PERIOD. Teams shall warm up while the grace period is being enforced.
 - i. If a team fails to field a legal team within 5 minutes of the scheduled start time, that team will forfeit the first game (example, for a 6:10 start, 6:15 is forfeit time).
 - ii. If a team is unable to field a legal team within 20 minutes of the scheduled start time, they will forfeit the match (example for a 6:10 match, 6:30 is forfeit time).
- c. The rest time between games is 2 minutes unless time is running short.
- d. Each team is allotted two 30 second time outs per game (unless time is running short in the third game)

V. Positioning

- a. If a team has 4 players, the server is considered the back row player. This person may not "attack."
- b. In Co Rec, players must alternate males and females
- c. When only one male is in the front line position, one back court player (man or women) may also block (Co Rec Only).
- d. Teams with extra players may substitute or rotate in, but not both.

VI. Scoring

- a. Rally scoring shall be used for all leagues.
- b. A match shall consist of 3 games to 25, time permitting. Games must be won by 2 points unless the score becomes 26 to 26 – in which case the next point wins.
 - i. Once the time limit is reached (55 minutes from the start of the match), the first team to reach 15 points and be ahead by 2 points will be declared the winner of that game.
- c. Regular standings shall be determined calculated by games won – so a 3rd game will be played regardless of the scores in the first two.
- d. For the post-season matches, the match winner advances – if a team sweeps the first 2 games, a 3rd will not be played.
 - i. For post- season matches, all games will be played to 25 points regardless of time.
- e. At the conclusion of the match, each team manager should initial the scorecard to verify their score.

VII. Serving

- a. The serve is considered good if the ball passes over the net within the court boundaries, even if it touches the net.
- b. Only one toss or release of the ball, which can be considered part of the service action, is allowed.

VIII. Playing the Ball

- a. When the ball is contacted more than once by a team on their side, one of the contacts must be by a female before going over the net.
- b. If 2 or more players of the same team contact the ball simultaneously, it is considered one hit and either player may make the next contact.
- c. If 2 or more players from the opposing team contact the ball above the net (block), this simultaneous contact will not be considered as one of the three contacts allowed by a team and the players involved are eligible to participate in the next play which shall be considered the first of three contacts allowed the team. (Any block at the net doesn't constitute a hit)
- d. Players may bump or set a serve at all levels.

IX. Player Conduct

- a. All players are expected to treat their opponents, officials, spectators and anyone else affiliated with the game in a respectful manner. Failure to do so may result in ejection, suspension or expulsion from the league (without a refund).
- b. Only the designated captain may discuss calls with officials. Calls shall be discussed in a respectful manner and discussion shall end after the next point begins.
 - i. Note: sometimes managers and officials have to agree to disagree. Please keep it in perspective.
- c. Discussions should focus on rule interpretations – judgment calls are not up for discussion.
- d. Any player who yells at, uses profanity toward or in other way abuses an official may be ejected and suspended. This includes loudly or persistently arguing judgment calls.
- e. Any acts of physical aggression toward an official, opponent or anyone else associated with the league will result in expulsion from the league.

X. Team Conduct

- a. Any team that continually exhibits poor sportsmanship may be removed from the league with no refund given.

XI. Weather

- a. On questionable days the weather line and website will be updated no later than 4:30pm. After 4:30pm, any decision will be made by the officials at the court.
- b. If the officials have to cancel the first match of the night, all subsequent matches will be cancelled.
- c. Games may sometimes be played in the rain but will always be cancelled due to lightning or sirens.

d. Weather line: 651-792-7416 (after 4:30pm)

XII. Alcohol

a. Alcohol is prohibited in all Roseville Parks. Any participant in possession of alcohol may be cited by the Roseville Police Department and/or suspended from the league.

XIII. Rosters

a. Rosters shall contain all players who will participate for your team during the season (either as a regular or as a sub). Players may be added to your roster (by emailing the league director) until the final game of the regular season.

b. Players must be on your roster before they participate in any games.

XIV. Forfeits

a. Roseville Parks and recreation encourages teams to make every effort to field a team for each game as a courtesy toward their opponent.

b. If you must forfeit a game, please call the opposing manager and league director (651-792-7105) to inform them that you will be forfeiting.

c. PLEASE DO NOT NO CALL NO SHOW

XV. Missing Official

a. Roseville Parks and Recreation schedules an official for each sand volleyball match. In the unlikely event that that official is not present at game time, teams may do one of the following

i. Play the game without an official. Teams will split the \$23 officials fee.

ii. Play the game with a mutually agreed upon official. That official will be paid the \$23 officials fee

b. Please email or call the league director with your score and to alert him to the situation.

XVI. Non-Resident Fee

a. Teams that are comprised of all Roseville residents may be eligible for a \$50 refund of their non-resident fee. Applicable teams should contact the league director for details.

XVII. Standings, Playoffs and Prizes

a. Schedules will be available at CityofRoseville.com/parks (click adult sports and Adult Sand Volleyball)

b. Standings will be updated on your schedule page within two business days following your match

i. Please have someone on your team check the standings weekly and let us know if there is an error

c. League champion will be determined by highest win percentage of games

i. First tiebreaker is head to head, additional tie breakers will be listed on the standings page

- ii. The league champion will receive tee shirts
- d. Each team will make the playoffs and play multiple playoff matches
 - i. Playoffs will be played beginning the week following the regular season
 - ii. The playoff champion will receive a team trophy

XVIII. All rules not mentioned will revert to the USA Volleyball Rules.

WEATHER LINE – 651-792-7416

League Director: Matthew Johnson, matthew.johnson@ci.roseville.mn.us, 651-792-7105.